

## FINAL Comprehensive Research Plan:

# Pharmacotherapy for Attention Deficit Hyperactivity Disorder in Adults

Qualitative Unit

April 27<sup>th</sup>, 2015

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**Study Title: Medications for Attention Deficit Hyperactivity Disorder in Adults**

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**Objectives:** To explore factors related to the experience of prescription and use of medications for Attention Deficit Hyperactivity Disorder (ADHD) in adults 18 years of age and older.

To determine the social acceptability of reimbursement policy recommendations for ADHD medications.

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**Study Questions:** What is the perceived effectiveness of ADHD medications?

What is the impact of ADHD medications on perceived quality of life?

What is the experience of patients using ADHD medications regarding access of these drugs?

What is the experience of prescribing these drugs?

To what extent are the policy recommendations feasible and acceptable?

*Note that the qualitative component will be conducted in two phases.*

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**Phase 1: Exploration of factors affecting the dispensing and utilization of drugs within the drug class of interest**

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**Study Design:** This phase will utilize qualitative methods in a framework approach, which is an accepted practice in applied health studies.<sup>2</sup> The framework approach will guide the data collection and analysis processes. The primary sources of data for this study will be one-on-one interviews and surveys. Field notes from interviews will also be made by the interviewer, and will be used a secondary source of data to incorporate into analysis.

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**Study Population:** Identified stakeholders for the ADHD medications review include psychiatrists, primary care practitioner (PCP), pharmacists, and adult ADHD patients.

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**Methods**

A purposive sampling approach will be used in order to elicit the specific perceptions and opinions of those who will be involved in or affected by drug policy decisions.

Clinicians will be recruited through circles of contact, professional networks and snowball recruitment. Publicly available contact information will also be searched to develop contact lists. An ODPRN member or study coordinator will make contact with clinicians by phone, e-mail or fax. Patients will be recruited through circles of contact. A patient recruitment flyer will also be sent to participating clinicians who agree to distribute the flyer to patients. Patient networks will be used to send recruitment notices by e-mail.

General calls for recruitment of all eligible groups will be placed in professional organization newsletters, e-blasts and social media (Twitter, Facebook).

We will aim to recruit 6-8 psychiatrists, 2-3 PCP, 2-3 pharmacists, and 6-8 adult patients will be recruited or until saturation of themes is met.

*Data Collection and Analysis*

Qualitative data will be collected through one-on-one, semi-structured telephone interviews. Interviews will be 30 - 60 minutes in length. All interviews will be guided by a semi-structured interview guide, and will be audio recorded and transcribed verbatim. Interview transcripts will comprise the primary source of data. A secondary source of data will be field notes, made by a note taker that will be present at each interview.

Data will be analyzed using a framework approach. A framework for analysis will be developed after an initial review of the primary and secondary data sets. The framework will be applied to the data in subsequent sets to derive key policy-relevant concepts. Emerging codes will be incorporated to the framework to integrate unexpected results. A final framework will be developed and reported to the ODPRN after thorough analysis of all data.

**Outcome(s) of Interest:**

- Experiences of the disease condition and of taking ADHD medications
- Experiences accessing ADHD medications
- Experiences treating adult patients with and dispensing ADHD medications
- Perceived safety and effectiveness of ADHD medications
- Perceived barriers to access and health equity issues
- Any unanticipated issues related to ADHD medications

**Phase 2: Assessment of the social acceptability of recommended policy actions related to the drug class of interest**

**Study Design:**

RAND Appropriateness Method and Survey

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**Study Population:** Representatives of the general public; stakeholder groups (i.e. among the 6 groups described in Phase 1 above)

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**Methods**

- **To determine the social acceptability of each of the recommendations at the level of the general population**, we have recruited a diverse set of 15 individuals from the general public to form a Citizen's Panel. The Citizen's Panel will provide feedback on recommendations from all drug class reviews. Feedback from participants will be obtained in two surveys and a webinar using the RAND Appropriateness Method<sup>3</sup>. First, an online survey will be distributed to Citizen's Panel members, asking them to read the final report and recommendations, to provide their input and to rank the policy options. Next, Citizen's Panel members will attend a webinar meeting, at which we will present key issues, findings and policy implications, and engage in group discussion on the recommendations. Citizen's Panel members will complete a second survey after the meeting enabling them to provide additional feedback and giving them the opportunity to re-rank the policy options. This approach allows each person to express their idea(s); each person's opinion is taken into account (compared to traditional voting where only the largest group is considered).
- **To determine the social acceptability of each of the recommendations among stakeholders**, we will develop and distribute an online survey measuring aspects of social acceptability including affordability, accessibility and appropriateness. The survey will be developed in FluidSurvey. The study coordinator will send the survey link and report through e-mail to participants who took part in the phase 1 interviews and agreed to be contacted for follow-up. Survey analysis will include descriptive statistics (e.g., mean, standard deviation, median) and thematic content analysis for open-ended questions.

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**Outcome(s) of**

**Interest:**

Feasibility and acceptability of draft recommendations.

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