Contributions of Stimulants and Varying Modes of Drug Use to Opioid Toxicity Deaths Across Public Health Units in Ontario, Canada



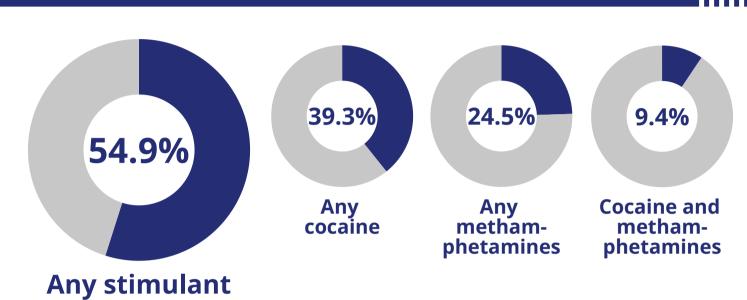
Changing circumstances around opioid toxicity deaths include what and how drugs are being used.

The involvement of non-pharmaceutical stimulants (e.g. cocaine, methamphetamines) and the inhalation/smoking of drugs (rather than injection) can contribute to differing risks of harms among people who use drugs.



Timeline: January 2018 to June 2021

Opioid toxicity deaths where stimulants directly contributed to death:



(both pharmaceutical and non-pharmaceutical)

Categories are not mutually exclusive.

Opioid toxicity deaths where cocaine or methamphetamines directly contributed to death:

Although cocaine is the most prevalent non-pharmaceutical stimulant contributing to opioid toxicity deaths in most parts of the province, there are several regions where methamphetamines are the predominant stimulant.

Cocaine was much more prevalent than methamphetamines in:

Durham Region Health Department; Halton Region Health Department; Ottawa Public Health; Peel Public Health; Peterborough Public Health; Simcoe Muskoka District Health Unit; Thunder Bay District Health Unit; York Region Public Health; and Toronto Public Health.



Methamphetamines were much more prevalent than cocaine in:

Kingston, Frontenac and Lennox and Addington Health Unit; Region of Waterloo Public Health; and Southwestern Health Unit.



inhalation/smoking

49.9%

injection

29.7%

injection

15.4%

Other

4.7%

Unknown 31.1%

Indications of inhalation/smoking materials have become the most common type of drug consumption materials present at opioid toxicity deaths across Ontario, but injection continues to also be a common route of drug use.